THE INVITATION

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PRAY for ministry wellness to be valued by pastors and ministry leaders as well as their churches.

HELP create a culture where those who faithfully serve others are also supported, strengthened, and sustained.

GIVE FINANCIALLY to the Minister Wellness Fund to help ensure that every pastor and ministry leader has access to the renewal and encouragement they need.

Scan here to give directly to **Minister Wellness**

Scan here to learn more about the fund or ways you can invest, contact **John Swafford**, Mission Stewardship Director, at **jswafford@tnbaptist.org.**

When pastors are strengthened, churches are strengthened. When churches are strengthened, communities are transformed.

ECFA ACCREDITED

MINISTER WELLNESS FUND

rest for those *who serve*

545 WELLNESS COMMUNITY
A Tennessee Baptist Mission Board Ministry

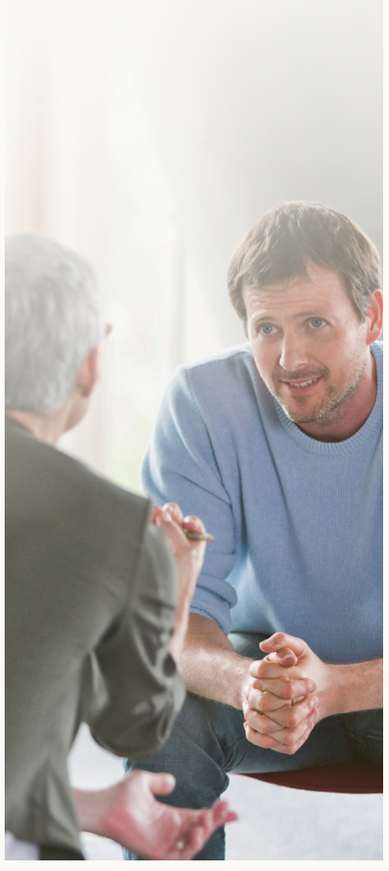


TBMB Tennessee Baptist MISSION BOARD

OVERVIEW

Pastors and ministry leaders across Tennessee faithfully serve their churches and communities every day. They carry the weight of leadership, care for others in times of need, and navigate increasingly complex challenges. But too often, they do so without adequate space for rest, renewal, and support. Over time, this can lead to fatigue, isolation, and burnout—impacting not only the leader, but also their family, their church, and their community.

This fund provides vital rest and renewal for Tennessee's ministry leaders, removing financial barriers so they can step away from the weight of leadership to restore their physical and mental health. Contributions will relieve the financial burden on ministers' participation in these activities, knowing that strong pastors build stronger churches and transformed communities.



THE VISION

Tennessee Baptist Mission Board is committed to strengthening pastors and church staff through intentional wellness experiences. Through Off the Grid events and other initiatives, ministry leaders are invited to step away from daily demands and engage in activities that restore their physical, emotional, and relational health.

These experiences include:

- Outdoor retreats and recreational outings
- Shared group experiences that foster connection
- Health-focused programs that encourage sustainable habits

While simple in design, these moments create space for:

- Rest and renewal
- Authentic relationships
- Encouragement in challenging seasons

THE OPPORTUNITY

545 WELLNESS COMMUNITY

Many wellness experiences are currently funded through participant fees.

Fees may limit access for pastors and ministry leaders serving in smaller or resource-constrained churches.

Caring for pastors is not an extra – it is essential.

THE IMPACT

When you invest in the wellness of ministry leaders, you are investing in:

- Healthier pastors who can lead with clarity and endurance
- Stronger churches guided by encouraged leaders
- More connected communities of faith
- Sustainable, long-term ministry impact

"The Off the Grid Motorcycle Retreat for pastors was exactly what I needed. It was encouraging to connect with guys who understand the same challenges and joys of ministry. The motorcycle rides were a highlight too, just getting out on the road, clearing my head, and taking in the beauty of God's creation. It was a much-needed getaway."

– Dave W., Associate Pastor

"The Reset Conference was the real deal, very beneficial. I'll encourage more folks to go next year. Need more humble, authentic, simple things like this."

– Levi F., Worship Leader

"I just want to thank everyone who invested time, prayer, and self in the Reset Conference. It is not often I get the opportunity to sit still and have encouragement poured into me as a pastor. To see other brothers and sisters in Christ and share experiences and laughter along with the enlightenment shared from the speakers was a much-needed blessing. I am looking forward to the next Reset and will be promoting the event to fellow laborers in my community."

– Keith O., Pastor