



Session Three: The 10 Commandments

Today's Point: God gives us commands and we are to follow them.

Bible Verse: Leviticus 22:31

CSB: You are to keep my commands and do them; I am the Lord. Leviticus 22:31

KJV: Therefore shall ye keep my commandments, and do them: I am the Lord. Leviticus 22:31

Today's Bible Skill:

- Continue to memorize Leviticus 22:31.
- Be able to recite the names of the 5 books in the division of Law in the Old Testament.

Bible Truth Activity:

Game: Simon Says

Object of the game: Kids are to listen carefully to what Simon says and follow his command.

Directions: Choose who will be Simon. To give more kids opportunity to be Simon, you may consider allowing each child to give 5 commands.

Instructions: Simon will stand in front of the group and tell you what you must do. You must obey the commands that begin with the words "Simon says". If he says "Simon says put your hands on your head" you must put your hands on your head. If he doesn't say "Simon says" then you must NOT do what he says.

Depending on time and interest – use 3-4 leaders.

When game is over say: Last week we began learning Leviticus 22:31

CSB: You are to keep my commands and do them; I am the Lord. Leviticus 22:31

KJV: Therefore shall ye keep my commandments, and do them: I am the Lord. Leviticus 22:31

Say that verse with me. Playing Simon Says is a good reminder that we need to do what God tells us to do, and be careful not to do what God tells us not to do.

Today we are going to look at some commands that God gave to Moses to give to us. Does anyone know what these commands are called? You are right – The 10 Commandments.

Let's turn in our Bibles to Exodus 20:2-17

It has been three months since the Israelites have left Egypt. They had set up camp at the foot of Mount Sinai. At this point, the Israelites had seen God free them from Pharaoh, part the Red Sea, give them water from a rock, provide manna in the morning and quail at night so they would have food to eat. God was taking care of his people. God called Moses to come up the mountain. God told Moses that if the people would obey His commands that their nation would be great. God gave Moses the Ten Commandments. The first four commandments show us how to love God.

1. Do not have any other gods besides me. (Do not worship any god except Yahweh)

2. Do not make an idols. (anything you put before God)
3. Do not misuse the name of the Lord your God
4. Remember the Sabbath day, to keep it holy

The last six commandments show us how to love other people

5. Honor your father and your mother. (Respect your parents)
6. Do not murder
7. Do not commit adultery (Be faithful in your marriage)
8. Do not steal
9. Do not give false testimony against your neighbor (Do not tell lies about others)
10. Do not covet (do not want anything that belongs to someone else)

How do we keep these commandments? Let's look a few. How might we break these commandments? (Be ready to share examples)

Commandment 1: Do not have any other gods beside me

Commandment 4: Remember the Sabbath day, to keep it holy

Commandment 5: Honor your father and your mother

Commandment 10: Do not covet

After kids have an opportunity to share – Say: Unfortunately, we have all broken at least one of these commandments – by wanting something someone else has, spending the Sabbath doing everything except worshipping God, lying to our parents – disobeying our parents. We know that God wants us to keep his commands. And when we don't it is sin. Thankfully we can be forgiven for our sins when we put our trust in Jesus.

Pray: Thank God for his commands and for Jesus who paid the price for our sins when we don't keep God's commands.

Bible Verse Activity: Books of the Bible Relay

Say: Who can tell us where our memory verse is found? That's right it is found in the book of Leviticus. Is that in the Old Testament or the New Testament? (Allow for responses). It is the 3rd book in the Old Testament. Repeat after me: Genesis, Exodus, Leviticus. (kids repeat). Who remembers what Division of the Old Testament Leviticus is in? Law

Turn in your Bibles to Leviticus 22:31. Remember the large number is the Chapter number, and the small number is the verse number. When you find Leviticus 22:31 put your index finger on the verse and stand up. (Offer help if needed)

As kids stand up go around and acknowledge that they have found their memory verse (or give guidance if they need it).

CSB: You are to keep my commands and do them; I am the Lord. Leviticus 22:31

KJV: Therefore, shall ye keep my commandments and do them: I am the Lord. Leviticus 22:31

Last week we learned to sing the verse. Sing it with me – (Tune: Twinkle, Twinkle, Little Star)

You are to keep my commands. (twinkle, twinkle, little star)
and do them; I am the Lord. (how I wonder what you are)
You are to keep my commands (up above the world so high)
And do them; I am the Lord (like a diamond in the sky)
Leviticus 22 verse 31 (twinkle, twinkle, little star)
Leviticus 22 verse 31 (twinkle, twinkle, little star)

Bible Skills Activity: Old Testament Divisions

Materials:

Bible – one for each group
Balloon – one for every two people (be sure no child has a latex allergy)
Paper Plates – one per person
Paint Stir Stick – one per person

Prepare:

Glue or tape stir stick to back of paper plate to make a paddle
Inflate balloons.

Instructions:

Explain that the books in the Old Testament are part of a division. In the Old Testament the Divisions are (bring attention to the division signs from last week): Law, History, Poetry, Major Prophets, and Minor Prophets.

The Division of Law has 5 Books – Genesis, Exodus, Leviticus, Numbers, Deuteronomy

Divide groups into pairs. Give each kid a paddle and each pair a balloon.

Have kids face each other – about 2 feet apart.

As they bat balloon back and forth, they will repeat books of Law.

If time:

Give each kid a balloon.

They are to bat balloon keeping it in the air as they repeat books of Law. See who can keep balloon in the air the longest – while repeating books of Law.