



Session Twenty: God Helps Me Do Right

Today's Point:

God gives us strength to obey and make good choices.

Bible Verse: Philippians 4:13

CSB: "I am able to do all things through him who strengthens me." Philippians 4:13

KJV: "I can do all things through Christ which strengtheneth me." Philippians 4:13

Today's Bible Skill:

- Continue memorizing Philippians 4:13
- Learn more about Paul's letters
- Practice listening carefully to Scripture

Bible Truth Activity:

Game: Good Choice Path

Object of the game:

Kids will learn that God helps us choose what is right.

Materials:

- Paper signs labeled with choices

Examples:

- Tell the truth
- Share toys
- Disobey parents
- Be kind
- Pray
- Argue

Directions:

Place the signs around the room.

Call children one at a time to walk across the room stepping only on "good choice" signs.

After each turn discuss why the choice honors God.

When activity is over say:
Sometimes making the right choice is hard. But Jesus helps us.

Philippians 4:13 says:
“I can do all things through Christ which strengtheneth me.”

Jesus gives us strength to obey God and love others.

Ask:

- What is one good choice you can make this week?
- How does Jesus help us obey?

(Allow responses.)

Say:
We can trust Jesus to help us every day.

Bible Verse Activity – Whisper Chain

Have children stand in a line.

Whisper the verse to the first child. Each child whispers it to the next until the last child says it out loud.

Then read the actual verse together and compare how close the class came.

Repeat using shorter sections of the verse.

Bible Skills Activity: Letter Match-Up

Materials:

- Index cards with New Testament book names

Instructions:

Write these books on cards:

- Romans
- 1 Corinthians
- 2 Corinthians
- Galatians
- Ephesians
- Philippians

Mix the cards up and let children place them in order.

Then help children find Philippians in their Bible.

Practice locating:

- Chapter 4
- Verse 13

Conclude by saying:

God gave us His Word so we can learn to trust Him and follow Him.