



Session Sixteen: Obey with a Happy Heart

Today's Point:

God wants us to obey with a good attitude.

Bible Verse: Ephesians 6:1

CSB: “Children, obey your parents in the Lord, because this is right.” Ephesians 6:1

KJV: “Children, obey your parents in the Lord: for this is right.” Ephesians 6:1

Today's Bible Skill:

- Continue memorizing Ephesians 6:1
- Practice finding chapters and verses
- Understand that God cares about our attitude

Bible Truth Activity:

Game: Emotion Charades

Object of the game:

Kids will learn the difference between obeying happily and obeying with a bad attitude.

Directions:

Call children up one at a time to act out emotions without speaking:

- happy
- angry
- excited
- grumpy
- cheerful
- upset

The group guesses the emotion.

After several rounds say: Sometimes people obey with a bad attitude. They may complain, pout, or stomp around.

But God wants us to obey with cheerful hearts.

Ephesians 6:1 says: “Children, obey your parents in the Lord, because this is right.”

Ask:

- How can you obey happily?
- What should we do if we feel grumpy?

(Allow responses.)

Say:

God can help us obey with joyful hearts.

Bible Verse Activity – Puzzle Verse

Write the words of Ephesians 6:1 on separate index cards.

Mix the cards up.

Allow children to work together to place the verse in the correct order.

Once completed, read the verse together several times.

Repeat by mixing the cards again and timing how quickly children can rebuild the verse.

Bible Skills Activity: Chapter Number Hunt

Materials:

- Bible for each child

Instructions:

Review:

- Large numbers are chapters
- Small numbers are verses

Call out chapter numbers for children to find:

- Ephesians 6
- Psalm 54
- Proverbs 8

Then have children locate:

- Verse 1 in Ephesians 6

Allow children to help one another.

Conclude by saying:

Learning how to use our Bible helps us learn more about God.