



Session Twenty- Nine: Faith Means Trusting and Obeying

Today's Point:

Faith means trusting God enough to do what He says.

Bible Passage:

Hebrews 11

(This chapter tells about people who believed God and obeyed Him, even when it was hard.)

Today's Bible Skill

- Find Hebrews in the New Testament
- Learn that Hebrews 11 is known as the faith chapter
- Understand that faith is more than belief—it leads to action

Bible Truth Summary (Kid-Friendly):

Hebrews 11 shows us how people showed faith in God:

- **Noah** built the ark even when there was no rain
- **Abraham** moved to a new place just because God told him to
- **Moses** led God's people through the sea
- **Rahab** trusted God and protected His people

They all *believed* God and *obeyed* God. That's real faith!

Bible Truth Activity:

Game: "Act It Out – By Faith!"

Object of the game: Help kids remember the heroes of Hebrews 11 through role-play.

Instructions:

1. Assign simple roles and props or use imaginary actions.
2. Narrate each story while the kids act it out:
 - “By faith, Noah built an ark” (kids pretend to hammer)
 - “By faith, Abraham walked with God” (kids march in place)
 - “By faith, Moses trusted God at the Red Sea” (kids pretend to part water)
 - “By faith, Rahab hid the spies” (kids crouch and cover)

Say:

These people didn’t just say they believed—they showed it by obeying God! That’s what it means to live by faith.

Bible Discovery Discussion:

Ask the kids:

- What do you think faith means?
- How did Noah, Abraham, and Moses show their faith?
- What are some ways *you* can show faith in God?

Say:

God loves it when we trust Him. Faith means believing God’s promises and obeying Him even when it’s not easy. You can live by faith today—by listening to Him, doing what’s right, and trusting Him with your whole heart.

Bible Verse Activity – Step and Say

Focus Verse: Hebrews 11:1 (KJV or CSB):

“Now faith is the substance of things hoped for, the evidence of things not seen.” (KJV)

or

“Now faith is the reality of what is hoped for, the proof of what is not seen.” (CSB)

Instructions:

1. Make 2–3 large paper "faith footprints" per child.
2. Lay them in a path on the floor.
3. As kids step on each footprint, say one part of the verse.
4. At the end, say together: “That’s what faith is!”

Say:

Faith walks forward, even when we can't see the whole path. When we believe and obey God, we're walking by faith—just like the heroes in Hebrews 11.

Craft Activity: “Faith Shield”**Materials:**

- Paper shield shapes
- Markers, crayons, stickers
- Bible verse labels (Hebrews 11:1)

Instructions:

1. Kids decorate their shields with symbols of faith (crosses, hearts, footsteps, etc.)
2. Write “By faith, I will trust and obey!” on the front.
3. Glue Hebrews 11:1 to the back.

Say:

The Bible says faith is like a shield. It helps protect us from fear, worry, and doubt. When we trust and obey God, we're using our “faith shield!”