



Session Seventeen: Believe in Jesus and Be Saved

Today's Point:

When we believe in Jesus, we are saved.

Bible Verse:

Acts 16:31

CSB: They said, “Believe in the Lord Jesus, and you will be saved—you and your household.”

KJV: And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.

Today's Bible Skill:

- Memorize Acts 16:31
- Learn that Acts is in the New Testament
- Know that this verse happened when Paul and Silas told a jailer how to be saved

Bible Truth Activity:

Game: “Believe or Not?”

Object of the game: Help kids understand what it means to believe in Jesus.

Directions:

1. Read short statements aloud, and kids decide if it shows believing in Jesus (“Yes!”) or not believing (“No way!”).
2. Kids jump and shout “Yes!” for belief, or sit quietly for “No way!”

Examples:

- “I believe Jesus is God’s Son.” (Yes!)
- “I can earn heaven by being good enough.” (No way!)
- “Jesus died on the cross for my sin.” (Yes!)
- “I don’t need Jesus to be saved.” (No way!)
- “I trust Jesus to forgive me.” (Yes!)

Say:

Paul and Silas told the jailer exactly how to be saved: “Believe in the Lord Jesus.” That’s it! When we believe in Jesus, we’re forgiven and made part of God’s family forever.

Bible Discovery Discussion:

Ask the kids:

- Who do we believe in to be saved? (Jesus!)
- What does it mean to be saved? (To be forgiven, to be rescued from sin, to have eternal life)
- Can anyone be saved? (Yes!)

Say:

This verse comes from a story in Acts where Paul and Silas were in jail, but they kept singing to God. An earthquake shook the prison, and the jailer got scared. But Paul and Silas didn’t run—they shared Jesus! The jailer asked, “What must I do to be saved?” They said, “Believe in the Lord Jesus, and you will be saved.” That same promise is true for us today.

Bible Verse Activity – Hand Motions & Repeat

Let’s learn Acts 16:31 with hand motions!

Motions:

- *Believe* – Point to your head and then your heart
- *In the Lord Jesus* – Point up
- *And you will be saved* – Cross arms like an X over chest, then stretch arms out wide like a rescue
- *You and your household* – Point to self, then spread arms like you’re including a big group
- *Acts 16:31* – Hold up 1–6–3–1 with fingers

Practice slowly, then faster. Let kids take turns leading!

Bible Skills Activity: “Jail Break!” Bible Race

Materials:

- Bibles (1 per group or pair)
- Paper chains or strips labeled with key words from Acts 16:31
- Optional: a classroom area taped off to look like a “jail cell”

Instructions:

1. Give each group a Bible and challenge them to find Acts 16:31.
2. As they find it and read it aloud, they get to “break” one paper chain.
3. Keep going until all chains are broken.

Say:

Just like the jailer was freed from fear and sin, we are set free when we believe in Jesus. That’s the good news of the Bible!