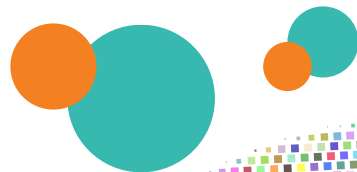


NOLACHUCKY BAPTIST ASSOCIATION'S
WMU INVITES YOU



MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING



OCTOBER 12, 2024, 9AM-3PM

DOORS WILL OPEN AT 8AM

\$20

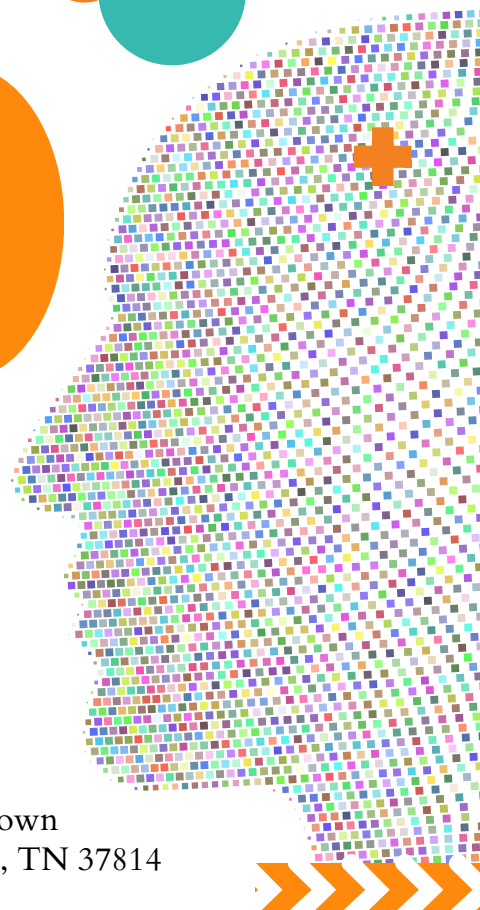
GENERAL ADMISSIONS FEE



Annette 423-585-7163
Martha 423-312-3383



First Baptist Church Morristown
504 W Main St, Morristown, TN 37814



KEYNOTE SPEAKER: Dr. Heather Evans, LCSW

A Licensed Clinical Social Worker with over 20 years' experience specializing in sexual trauma & sex trafficking. She authored two books on complex trauma & post-traumatic growth in sex trafficking survivors & is the creator of the Voices of Survivors Project. She is devoted to training & equipping service providers, organizations, & communities in trauma informed care. She is Co-Founder of Valley Against Sex Trafficking & fellow of Global Trauma Recovery Institute, traveling internationally to train trauma healing caregivers. Heather also served on the SBC Sexual Abuse Task Force in 2021-2022 & as an advisor to the SBC Abuse Reform Implementation Task Force in 2022-2024.

RESOURCE FAIR

BREAKOUT SESSIONS

Rev. Chris Alford

"Emotionally Intelligent Living: A Biblical Model for Emotional Resilience & Spiritual Growth"

Leigh Howell, LPC-MHSP

"Pathways to Healing: the Intersection of Addiction, the Brain, & Spirituality"

Rachel Collins, LMFT

"Healing Spaces: Creating Safe Trauma-Conscious Environments"

Bailey Baker, APRN, FNP-BC, PMHNP-BC

Walking Together: Faith & Psychiatric Medication

Kristel Headley, Ph.D., LPC-MHSP, ACS, RPT-S

"Honoring God As We Perceive His Absence: Examining the Spiritual Practice of Lament"

TDMHSAS Faith-Based Community Coordinators

"Mental Health 101"
AND
"Suicide Prevention Training"

Lacy Bradley, M.A.

"Bridging Hearts: The Church's Compassionate Response to Fostering, Adoption, & Childhood Trauma"

Kelly Campbell

"The Five Tasks of Healthy Mourning"

AND MANY MORE!!



Connect with mental health providers, therapists, and professionals. Consult with organizations, private practices, community resources, and faith-based programs. Build relationships, resources, & tools.

REGISTER NOW!

REGISTER THROUGH
EVENTBRITE

You can also register the day of at the event



REGISTER NOW!!!! SPACE IS LIMITED!

MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING

REGISTER NOW



Annette 423-585-7163
Martha 423-312-3383



First Baptist Church
504 W Main St,
Morristown, TN 37814



\$20

GENERAL ADMISSIONS

Fee covers admission, conferences, breakout sessions, & lunch

\$10

RESOURCE FAIR ATTENDEES

This fee is reserved for our partners setting up a booth at the resource fair who wish to attend the conference.

REGISTER THROUGH



EVENTBRITE

You can also register the day of at the event

ADDITIONAL INFORMATION

Tentative Schedule

This event schedule is presented as a preliminary outline and is liable to modifications without prior notification. Although diligent efforts have been made to maintain accuracy, unanticipated circumstances may compel alterations to timelines.

This tentative itinerary does not constitute a binding commitment to specific activities. Your patience and understanding are valued as we endeavor to finalize arrangements and deliver an exceptional event experience. We appreciate your cooperation.

- 8:00am.....Doors open/Registration
- 9:00am.....Open Prayer, Welcoming, & Worship
- 9:30am.....Keynote Speaker (Pt. 1)
- 10:25am.....Breakout Sessions #1
- 11:30am.....Lunch & Resource Fair
- 12:30pm.....Breakout Sessions #2
- 1:30pm.....Worship
- 2:00pm.....Keynote Speaker (Pt. 2)
- 2:45pm.....Closing Prayer
- 3:00pm.....Dismissal

LUNCH MENU

Chick-fil-A:

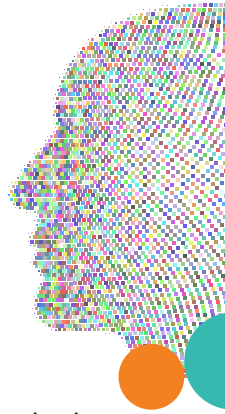
- Regular Chick-Fil-A Chicken Sandwich
- Chocolate Cookie
- Waffle Potato Chips
- Sweet Tea/Lemonade
- Water

Please inform us at the time of registration if you have any allergies or food restrictions



MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING



KEYNOTE SPEAKER



DR. HEATHER EVANS, LCSW

A Licensed Clinical Social Worker with a private group counseling practice in Coopersburg, Pennsylvania, with over 20 years' experience providing therapy, particularly specializing in sexual trauma and sex trafficking. Heather has authored two books from her research on complex trauma and posttraumatic growth in sex trafficking survivors and is the creator of the Voices of Survivors Project. She is devoted to training and equipping service providers, organizations, and communities in trauma informed care. Heather is Co-Founder of Valley Against Sex Trafficking in Pennsylvania and fellow of Global Trauma Recovery Institute, traveling internationally to train trauma healing caregivers. Heather served on the SBC Sexual Abuse Task Force in 2021-2022 and as an advisor to the SBC Abuse Reform Implementation Task Force in 2022-2024.

BREAKOUT SESSIONS



"Emotionally Intelligent Living: A Biblical Model for Emotional Resilience & Spiritual Growth"

Rev. Chris Alford

Pastor Chris serves as lead pastor at The City Church and Agua de Vida Iglesia, they currently have multiple campuses in Kingsport, Johnson City, and Bristol. Pastor Chris also serves as Director of Missions at the Sullivan Baptist Association. Chris served in United States Air Force. Pastor Chris understands the struggles of mental health because he has walked with many during their darkest hour. He is a mentor, friend, companion, and safe person for many. The best thing about Chris is his wife, Kristina Alford and two kids, Conner and Cayden, and two grandchildren.



"Walking Together: Faith & Psychiatric Medication"

Bailey Baker, APRN, FNP-BC, PMHNP-BC

Bailey Baker is a dual-board certified nurse practitioner with a passion for bringing awareness to the impact mental illness can have on an individual's life and helping Christians better understand how to navigate mental health challenges in accordance with their faith. Bailey graduated from the University of Tennessee, Knoxville with a degree as a Psychiatric Mental Health Nurse Practitioner and has since began her own practice with the hopes of advocating for peace through mental healthcare.

MENTAL HEALTH MISSION FIELD

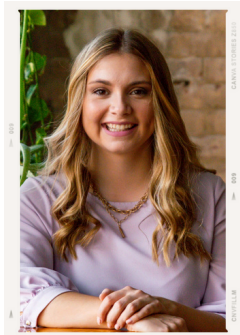
MOBILIZING THE CHURCH FOR HEALING



"Pathways to Healing: the Intersection of Addiction, the Brain, & Spirituality"

Leigh Howell, LPC-MHSP

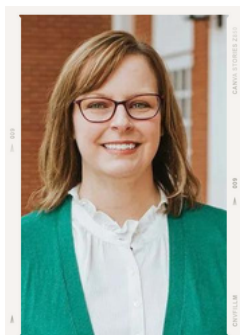
Leigh is a Licensed Professional Counselor with a Mental Health Service Provider designation. She received her Bachelor of Science in Health and Physical Education from the University of Georgia. She has experience in teaching physical education, special education, and preschool. She received her Master of Arts in Counseling from Johnson University with an emphasis in clinical mental health. Leigh's areas of professional focus include addictions, trauma, anxiety/depression, relationship difficulties, parenting, and life-change concerns. She believes in approaching mental health from a holistic perspective including one's heart, soul, mind, and strength - emotional, spiritual, mental, and physical wellness. Currently, she has a private practice at Fountain of Hope Counseling and Wellness in Fountain City, TN. She works with men and women in recovery at Susannah's House and Angelic Ministries in Knoxville, TN. Leigh is an adjunct instructor at Johnson University teaching Human Development. In her free time, she and her husband enjoy being outdoors, hiking, camping, and spending time with her young grandchildren.



"Healing Spaces: Creating Safe Trauma-Conscious Environments"

Rachel Collins, LMFT

Rachel Collins is a Licensed Marital and Family Therapist dedicated to providing compassionate care to survivors of sexual violence and abuse. With over four years of experience, she currently serves as a clinical therapist in Knoxville TN, where she specializes in treating people with a history of sexual assault. Rachel has previously worked within faith-based non-profits, private practice, and within the public school system. Believing in the transformative power of relationships and connection, Rachel is passionate about helping individuals heal in alignment with the principles of faith. The Triune God, relational in nature, provides a holy and perfect example for communal living. Rachel enjoys playing tennis and pickleball, and is an active reader. She attends a local church in Knoxville, TN

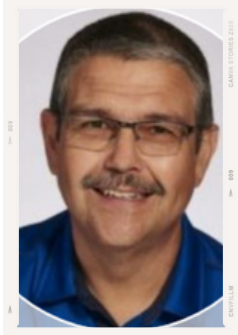


"Honoring God As We Perceive His Absence: Examining the Spiritual Practice of Lament"

Kristel Headley, Ph.D, LPC-MHSP, ACS, RPT-S

Kristel Headley, Ph.D. is Professor of Counseling at Johnson University in Knoxville, Tennessee. Licensed as both a LPC-MHSP as well as a professional school counselor. She is also an Approved Clinical Supervisor, Registered Play Therapist-Supervisor, and board certified in telemental health. Prior to joining the Johnson faculty, she served in multiple clinical and administrative roles in psychiatric hospitals and clinical mental health agencies, serving a diverse population of adults, children, adolescents, and families. Her research interests include third culture kids, clinical supervision, and helping us listen well to each other despite political and religious differences. Kristel is active in multiple professional organizations at a state and national level. She owns a small private practice specializing in trauma, anxiety, and women's issues. Dr. Headley is active in multiple professional organizations at a state and national level. Her husband, Chris, is a worship pastor. She has an adult son and daughter-in-law as well as an elementary-aged daughter





“The Five Tasks of Healthy Mourning”

Kelly Campbell

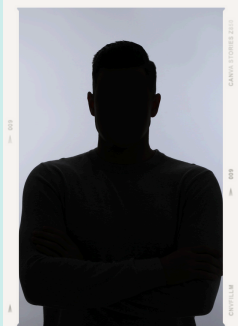
Kelly Campbell is currently serving as the Church Engagement Specialist at the Tennessee Baptist Children’s Homes. He has been involved in various roles for the last 20 years, serving children and families who are going through difficult times. Kelly served for ten years as the Vice-President of Residential Care on the Brentwood Campus and, most recently, for five years as the Vice-President of Family Care. During his time serving children and families, Kelly has learned that loss is a contributing factor to trauma in a person's life. After completing this session, a person should be able to have a better understanding of the grieving process and how to help children mourn their loss more effectively.



“Spiritual Effects of Trauma”

Joana Perez, MA NCC

Joana is a clinical therapist, fluent in both Spanish and English. With extensive experience working with individuals across various age groups, genders, and cultures, she specializes in providing trauma-informed therapy to survivors and secondary victims of sexual abuse. Joana serves as an Adjunct Professor at Johnson University in Knoxville, TN, where she teaches courses on interpersonal, marriage, and family relationships. She also oversees the therapy department at the Sexual Assault Center of East Tennessee as the Therapy Program Coordinator and Supervisor, leading and supervising a team of therapists and interns. In addition to her clinical work, Joana is actively involved in community outreach and education. She has presented at numerous conferences and workshops, including the Smoky Mountain Counseling Association Conference and the Church Mental Health Summit. Her passion for bridging the gap between the Church and mental health is evident in her efforts to educate and equip faith communities on the effects of trauma and the importance of mental health. Her unique perspective as a Pastor’s wife further enriches her approach to integrating spiritual and mental health care.



“Bridging Hearts: The Church's Compassionate Response to Fostering, Adoption, and Childhood Trauma”

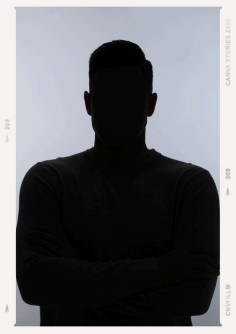
Lacy Bradley, M.A.

BIO COMING SOON...



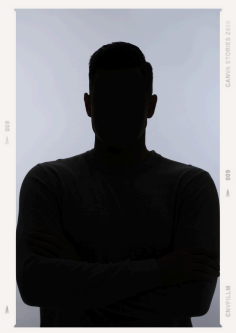
MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING



Suicide Prevention Training

TDMHSAS Faith-Based Community Coordinators



Mental Health 101

TDMHSAS Faith-Based Community Coordinators



RESOURCE FAIR



First Love on Main

First Love on Main is a non-profit medical and dental clinic dedicated to serving the indigent and underserved of the Lakeway community. Our mission is to proclaim the Gospel of Jesus Christ by providing health and dental care to the underserved of the Lakeway area. Our core values are community engagement, commitment to evangelism, promoting a Christ-like environment, and creating a culture of excellence.

Above and Beyond Mental Health, LLC

Above and Beyond Mental Health provides comprehensive psychiatric evaluations, psychoeducation, and medication management for behavioral health disorders. Experience goal-oriented, holistic care that is consistent with the most evidence-based practice guidelines while vastly considering your concerns and working with you to ensure the most comfortable and effective treatment plan possible. We serve patients 12 and older throughout Tennessee. We offer a space where you will feel safe, appreciated, and embraced.



***Bailey Baker, presenting on "Walking Together: Faith & Psychiatric Medication," is the provider at this clinic.

Fountain of Hope Counseling and Wellness



Fountain of Hope Counseling and Wellness is a group of independent practicing counseling professionals that seek to create a space to grow and heal. Each counselor specializes in different areas. We provide individual and couples counseling, group sessions, and workshops. All of the therapist at FOH are private pay, meaning they do not bill insurance. However, they provide a super bill for clients to obtain insurance reimbursement. FOH offers individual, couples, and family sessions for mental health counseling

***Leigh Howell, presenting on "Pathways to Healing: the Intersection of Addiction, the Brain, & Spirituality" is a therapist at this clinic.

Safe Space- Domestic Violence Shelter

SafeSpace is a safe, secure, and confidentially located shelter. The shelter services we provide are comprehensive and specifically designed to anticipate the needs of victims. SafeSpace provides safety and support to survivors of domestic violence and their families. Residents are free to leave shelter as needed to tend to personal matters. Every service we offer including shelter is confidential and free of charge for victims of domestic violence





Cherokee Health Systems



Cherokee Health Systems (CHS) is a Federally Qualified Health Center that serves about 70,000 patients each year. CHS is committed to ensuring that every East Tennessean gets access to high-quality healthcare. We provide care in an outpatient setting, and we offer a wide array of comprehensive health services, including integrated primary care and behavioral health, dental, optometry, and pharmacy. All of our services are available to children, adults, and seniors who have coverage through private insurance plans, coverage through state programs like TennCare or CoverKids, and to those who have no health insurance coverage.

Mission: The mission of CHS is to enhance the health and well-being of our community by providing high-quality, integrated, comprehensive, equitable, and person-centered healthcare for all.

Isaiah 117

When children are removed from their homes out of concern for their safety, they are usually brought to a child welfare services office to await placement. This wait can be a few hours to several days. These children often have nothing with them and are scared, lonely, hungry, and in dirty clothing. Isaiah 117 provides a comforting home where these children instead can be brought to wait – a place that is safe with friendly and loving volunteers who provide clean clothes, smiles, toys, and snuggly blankets. This space allows children to receive the comfort and care they need while child welfare staff can do the necessary paperwork and identify a good placement.

The mission of Isaiah 117 House is threefold:

- [reduce trauma for children awaiting placement](#)
- [lighten the load for child welfare services](#)
- [ease the transition for foster families](#)



Hamblen County Substance Abuse Coalition, Inc.- KASA



KASA is our Hispanic Element of the HCSAC, kind-of a coalition within the coalition. Kasa addresses issues within the Hispanic culture from alcoholism, which is prevalent in first generation Hispanics, to prescription pill addiction which is being seen as a result of American culture now impacting the Hispanic 2nd and third generation populations. Parenting classes, a Hispanic version of our “Building Skills” program for young people with potential behavioral problems and/or are at-risk for substance abuse, and a Hispanic version of “Celebrate Recovery” program are implementations that are either currently being offered or are planned for the near future.



Field & Sparrow Counseling



Originally from the Northeast, I have lived in Knoxville the last 16 years, providing counseling since 2010. My experience has been in non-profit settings and includes working with college students, substance abuse, and the criminal justice system. I earned my Master degree in Marriage and Family Therapy/Professional Counseling at Johnson University. I consider the counseling room a sacred space in which I have the privilege to walk alongside of others. There is little that compares to being invited into someone's story and witnessing their journey towards hope, growth, change, and healing. As a Christian, my faith influences the lens in which I view and understand the world. I have worked individuals from various religious and non-religious backgrounds, acknowledging the differences in experiences and values in each of my clients. - Emily Eisenhart, LPC-MHSP, LMFT

Helen Ross McNabb Center

The McNabb Center provides outpatient mental health services to children, adults and families in Hamblen County and the surrounding communities. We provide a full range of mental health care services, for children and adults, including case management, therapy, medication management and care coordination. Additional programs include school-based services and limited therapy appointments for military services. All services are available to surrounding counties including Anderson, Campbell, Claiborne, Cocke, Grainger, Sevierville, Hancock, Hawkins, Jefferson and Union.



Crisis Stabilization Unit



The McNabb Center's Crisis Stabilization Unit (CSU) offers voluntary, 24 hour treatment in a non-hospital setting. The CSU is intensive, short-term stabilization for individuals experiencing a behavioral health crisis, with the average length of stay being 3 days.

CSU services include:

- Psychoeducational groups, up to 5 groups per day
- Medication evaluation and management
- Individual and/or family counseling as determined by team
- Individualized treatment plan development that empowers the individual
- Mental illness and substance use awareness and education
- Identification and development of natural support systems
- Discharge planning to include referrals to outpatient providers
- Illness management and recovery

MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING



Stepping Out Ministry

We are a faith-based 501 C-3 organization which works to create a pattern of positive behavior in individuals and families by equipping them with skills to achieve emotional, physical, and spiritual growth. Our mission is guiding people to a better life.

Therapeutic Preschool

The McNabb Center's Therapeutic Preschool programs in Knox and Hamilton counties are the only remaining programs of their kind in the state of Tennessee. Through Therapeutic Preschool, the Center provides 10 weeks of intensive group treatment to children ages 4-6 who have suffered abuse, neglect or other adverse childhood experiences. In 2017, the Helen Ross McNabb Foundation launched a campaign to endow the Knoxville Therapeutic Preschool program.



EXODUS14 MINISTRIES



Exodus14 Ministries is a faith-based program designed to help people become the best version of themselves. Our team of experienced professionals is dedicated to serving those who seek help and want to turn their lives around. We understand that addiction recovery is a challenging and emotional journey, and we are here to make sure you are not alone throughout this process. Our 24/7 intake coordinator is always available to take your call. Our mission is to provide a safe, supportive environment where clients can develop the skills and tools necessary to lead fulfilling and productive lives. We offer a year-long program that combines counseling, education, and spiritual guidance to help clients overcome their challenges and build a brighter future.

Tennessee Baptist Children's Homes

TBCH provides Christ-centered homes for children in hard places across Tennessee through compassionate on-campus homes and foster families. Tennessee Baptist Children's Homes ministers the love of Jesus Christ to children and families in crisis. Tennessee Baptist Children's Homes envisions and strives to be a ministry to children and families that leads them to become whole persons in Christ through faith, hope and love.



***Kelly Campbell, presenting on "The Five Tasks of Healthy Mourning," is the Church Engagement Specialist at the Tennessee Baptist Children's Homes

MENTAL HEALTH MISSION FIELD

MOBILIZING THE CHURCH FOR HEALING



TDMHSAS Faith-Based Community Coordinators



The TDMHSAS Faith-Based Community Coordinators are people with lived experience who connect with communities of faith to recruit, train, and certify through the Tennessee Certified Recovery Congregation program. Each community coordinator is employed by their local Community Anti-Drug Coalition. The department currently has four Faith-Based Community Coordinators, one for each grand division of the state and one dedicated to Shelby County.

New initiative offers framework for Tennessee faith-based organizations to join our recovery network. It's an opportunity for places of worship and fellowship to support and strengthen families in their communities by offering recovery programs to help individuals beat their addictions. The department's Division of Substance Abuse Services is actively engaging faith communities and organizations as a means of increasing outreach, educational activities, access, and visibility to people seeking substance abuse services.



Royal Path Ministries

At Royal Path Ministries we have a heart for seeing women and families find the same freedom we found through the love and redemption of our savior, Jesus Christ. Each one of us has struggled through addiction and tried to find answers in other places, but we all found our freedom in Jesus and are living that reality today. We felt the call of God to take the love and healing we found and create a place where we could share that with other women who have stories similar to ours.



Sexual Assault Center of East TN



The Sexual Assault Center of East Tennessee (SACET) is a resource for victims of a recent sexual assault and victims of an assault or sexual abuse that happened months or years ago. The Center's crisis hotline is answered 24 hours a day: (865) 522-7273. The Center has Sexual Assault Nurse Examiners available at all times to provide forensic nursing to sexual assault crime victims. In addition, the Center offers education, advocacy and therapy services.

